

Five important benefits of early palliative care for your members with advanced cancer

The American Society for Clinical Oncology recommends initiating palliative care within 8 weeks of an advanced cancer diagnosis.¹ Early palliative care delivers emotional, physical, and spiritual support beneficial to your members and their caregivers.

BENEFIT #1:

Higher quality-of-life scores and lower rates of depression

Multiple large clinical trials demonstrate a noted improvement in quality of life, and fewer symptoms of depression.



BENEFIT #2:

Improved satisfaction with care for patients and their family members and caregivers

Cancer patients often experience multiple underdiagnosed and/or undertreated symptoms. Early palliative care improves attention to symptoms and increases satisfaction with care.



BENEFIT #3:

More advanced end-of-life planning and less aggressive end-of-life care

Early palliative care promotes patient-clinician communication, which may help patients make informed treatment decisions and facilitate end-of-life planning.



UP TO

67.7%

OF PATIENTS

say they need more information about treatment benefits and side effects²

43 STUDIES

demonstrated the association between palliative care and improvements in advance care planning, patient and caregiver satisfaction, and lower health care utilization³

BENEFIT #4:

Significantly reduces overall cost of care

Early palliative care substantially reduces total cost of care for those with advanced-stage cancer, primarily due to reduction in emergency department, in-patient, and ICU utilization.



BENEFIT #5:

Equal or better overall survival

When oncologists and palliative care providers work side-by-side, patients experience equal or better survival than those with advanced cancer but without access to palliative care.

50%

reduction in ICU admissions near end-of-life⁴



Better care for patients with advanced cancer

Working in concert with Aspire Health, the AIM Medical Oncology Solution is changing advanced cancer care management – from the earliest point possible.

[Learn more](#) about our interdisciplinary partnership.

Sources:

¹Journal of Oncology Practice, February 2017

²BMC Palliative Care, July 2018

³JAMA, November 2016

⁴The Oncologist, March 2017